

Portugal Learning Journey

March 27th to April 3rd 2016

A different travel experience in Portugal

Meeting local entrepreneurs and learning from their experiences

Diving deep into the regional development of the Naturtejo region



The Portugal Learning Journey brings you to the exciting Naturtejo region. You will experience the beautiful landscape of the Geopark region, which is a UNESCO territory, and it will also give you the opportunity to dive deep into the daily life of the locals. On your journey you will accompany local artisans or entrepreneurs and learn about their activities like producing goat cheese, herbal essences, liquors and creative arts, such as metal art or weaving. You will have dinner with families and enjoy the taste of rural gastronomy in regional restaurants. You will discover the challenges communities face nowadays (for example desertification, unemployment, demotivation, or social isolation) and see innovative impulses for the regional development to face these challenges. Last but not least you may share your wisdom and insights with the people and support their effort of sustainable change in their region.

Objective and specialities of this learning journey:



This is a prototype learning package developed by ThinkCamp and INATEL within the SenTour project. The objective of this package is to motivate seniors from different cultures and backgrounds to travel together to an extraordinary destination, to learn new skills from the locals and to be actively involved in the sustainable development of the destination.

- Be part of the local community; eat with families and in local restaurants & sleep in traditional Portuguese houses.
- Accompany one of three local artisans or entrepreneurs in their daily life and learn how to produce goat cheese, herbal essences and liquors & creative arts, such as iron art or weaving.
- Travel in a small group of 8 to 15 people from different backgrounds and cultures, bring in your experiences and enrich the sustainable development of the region with your own ideas.

Date:	From Saturday, March 26 th 2016 to Sunday, April 3rd 2016
Duration:	7 nights, 8 days
Costs:	790, 00 Euro all inclusive
Meals:	In local restaurants and with families
Accommodation:	Rural accommodation
Language:	The program is conducted in English, the locals speak Portuguese and/or English, translation from Portuguese into German or English will be provided

Day 1 26.03.16 Saturday	08:00 Breakfast 10:00 Transfer from Lisbon Airport to monastery <i>Convento de Cristo</i> in Tomar (140 km – 2 h) 12:30 Lunch break 14:00 Visit of <i>Convento de Cristo</i> and lecture about sustainability of monastic life 16:00 Transfer from Tomar to Idanha-a-Nova (160 km – 2 h) 18:00 Check-in at the accommodation and free time until dinner 20:00 Dinner with subsequent introduction of the region (at Idanha-a-Nova, district town)
Day 2 27.03.16 Easter Sunday	08:00 Breakfast and discussion of the day and the week 09:30 All-day sightseeing tour through the Naturtejo region; visiting the <i>Geopark Naturtejo da Meseta Meridional</i> , a UNESCO territory, the medieval village <i>Monsanto</i> & other interesting places in the region 12:30 Lunch 20:00 Dinner
Day 3 28.03.16 Monday	08:00 Breakfast 09:30 Workshops for the next 2,5 days on the following topics, from 9:30 to 17:30 Participants decide beforehand which workshop they like to attend: 1) Local goat cheese factory: cheese production, value chain 2) Quinta dos Trevos: iron garage, carpet weaving, handicrafts 3) Aromas do Valado: distilling herbs, nature products, liquors 12:30 Lunch with local entrepreneurs 19:00 Aperitif with review of the day 20:00 Dinner & good night drink
Day 4 29.03.16 Tuesday	08:00 Breakfast 09:30 Workshop Day 2 (people stay in the same group as the day before), from 09:30 to 17:30 12:30 Lunch with local entrepreneurs 19:00 Aperitif and review of the day 20:00 Dinner & good night drink
Day 5 30.03.16 Wednesday	08:00 Breakfast 09:30 Workshop Day 3 (people stay in the same group as the day before), from 9:30 to 17:30 12:30 Lunch with local entrepreneurs 19:00 Aperitif and review of the day 20:00 Dinner & good night drink
Day 6 31.03.16 Thursday	08:00 Breakfast 09:30 Free time in the morning, preparing the Open Space workshop 12:30 Lunch with people and representatives of the region 16:00 Kick-off speech of the mayor of Idanha-a-Nova 16:30 World Café and Open Space with aperitifs and snacks; Topic: “Ideas & innovations for the sustainable development of the region” 20:00 Dinner & good night drink
Day 7 01.04.16 Friday	08:00 Breakfast 09:30 Open Space meeting part 2 together with representatives from different organisations and companies of the region 12:30 Lunch with people and representatives of the region 15:00 Open Space 20:00 Farewell dinner and celebration
Day 8 02.04.16 Saturday	08:00 Breakfast and debriefing review 09:30 Departure, Transfer to Lisbon airport or Lisbon by bus (260 km – 3 h)

Reservation

- Reservation through email to info@thinkcamp.eu
- You'll receive a confirmation after a 25% down payment (197.5 €).
- The remaining balance (592.5 €) is due one month before the start of the journey (latest on Feb 29th 2016).

Payment

- Bank transfer to the ThinkCamp gem. eG account:
IBAN DE32 4306 0967 8205 0764 00
BIC Genodem1GLS
- Possible bank expenses won't be covered.

Cancellation

- No cancellation fees for cancellations made at least 90 days prior to the start of the program
- A cancellation fee of 50% of the total costs is charged for cancellations made between 90 and 30 days prior to the start of the program
- A cancellation fee of 100% of the total costs is charged for cancellations made less than 30 days prior to the start of the program and for no-shows
- Instead of a cancellation an alternate participant may be nominated in written form at any time
- For further information please contact info@thinkcamp.eu

Package includes

- 7 nights in double rooms and breakfast
- Transfer from Lisbon airport to the Learning Journey locations
- Documentation of the journey
- All lectures, workshops, visits, tastings, meals incl. ¼ l wine and ½ l water
- All transfers according to the program
- Tour guide during the whole trip
- Travel and accident insurance
- All taxes in Portugal

Not included

- Bus or air transportation to and from Lisbon/Portugal
- Nights in case you arrive before the program or stay longer

Transparent calculation for the program team and the participants

Cost factors 15 people for 8 days and 7 nights including VAT

	Factor	Total / person
1	Accommodation with breakfast for 7 nights (simple double or twin rooms), 20€ per night	140 €
2	Food (lunch, dinner, snacks/fruits, coffees) for 8 days in local restaurants or in families, 20€ s per day	160 €
3	Transportation 2 x transport from and to the Lisbon airport 250 €/day = 500 € Local transportation for 5 days each 200 € = 1.000 € Total 1.500 € for 15 pax	100 €
4	International transportation to destination (flight, bus, train)	0 €
5	Program Organisation and administration - Contribution for local program organiser team and tour guides in region 10% - contribution for global program team 10%	100 €
6	Activities – cost for workshops, events, experts - 3 days' Workshop in Naturtejo - 2 days' Open Space Naturtejo	100 €
7	Insurances, Risk	20 €
8	Marketing, Commission	70 €
9	Solidarity for people with lower income, supporting another participant	100 €
	Total	790 €