

Portugal Learning Journey March 27th to April 3rd 2016

A different travel experience in Portugal,
meeting local entrepreneurs and learning from their activities,
diving deep into the regional development of the Naturtejo region



This Learning Journey in Portugal brings you to the exciting Naturtejo region with the beautiful landscape of the Geopark, which is a UNESCO territory, and also gives you the opportunity to dive deep into the daily life of people living here. On your journey you will accompany local artisans or entrepreneurs for several days and learn about their activities like producing goat cheese, herbal essences, liquors and creative arts such as metal art or weaving. You eat dinner with families and enjoy the taste of rural gastronomy in regional restaurants. You discover the challenges communities face (desertification, unemployment, demotivation, resistance to change, social isolation, just to name a few) and see innovative impulses for the regional development. Last but not least you may share your wisdom and insights with the people and support their effort of sustainable change.

Objective and specialities of this learning journey:

This is an experimental learning package developed by ThinkCamp and INATEL within the SenTour project. The objective of this package is to motivate seniors from different cultures and backgrounds to travel together to an extraordinary destination, to learn a new skill from the locals and to be actively involved in the sustainable development of the visiting location.

- Be part of the local community for a week, eat with families and in local restaurants & sleep in traditional Portuguese houses
- Accompany one of three local artisans or entrepreneurs in their daily life and learn how to produce goat cheese, herbal essences and liquors & creative arts such as metal art or weaving
- Travel in a small group of 8-15 people from different backgrounds and cultures, bring in your experience and enrich the sustainable development of the region with your ideas

Date: from Saturday, March 26th 2016 to Sunday, April 3rd 2016
Duration: 7 nights, 8 days
Cost: 790, 00 Euro all inclusive
Food: in local restaurants and families
Accommodation: in houses of Turismo Rural
Language: the program is conducted in English, the locals speak Portuguese and/or English, translation from Portuguese into German and English is provided

Day 1 26.03.16 Saturday	08:00 10:00 12:30 14:00 16:00 18:00 20:00	Breakfast Transfer from Lisbon Airport to Tomar Monastery (140 km – 2 h) Lunch break Visit to Tomar Monastery and talk about sustainability of Monastery life Bus ride from Tomar Monastery to Idanha-a-Nova (160 km – 2 h) Check in accommodation and free time till dinner Dinner with introduction to the region (at Idanha-a-Nova, district town)
Day 2 27.03.16 Easter Sunday	08:00 09:30 12:30 20:00	Breakfast and planning of day and week Sightseeing tour through Naturtejo region and Geopark Naturtejo da Meseta Meridional, a UNESCO territory and other interesting spots of the region Lunch Dinner
Day 3 28.03.16 Monday	08:00 09:30 12:30 19:00 20:00	Breakfast Workshops for 2,5 days with following topics, 9:30 to 17:30 Participants decide beforehand which workshop they like to attend: 1) Local goat cheese factory: cheese production, value chain 2) Quinta dos Trevos: iron garage, carpet weaving, handicrafts 3) Aromas do Valado: destilling herbs, nature products, liquors Lunch with local entrepreneur Aperitif with review of the day Dinner & good night drink
Day 4 29.03.16 Tuesday	08:00 09:30 12:30 19:00 20:00	Breakfast Workshop day 2 (people stay in same group like day before), 09:30 – 17:30 Lunch with local entrepreneur Aperitif and review of the day Dinner & good night drink
Day 5 30.03.16 Wednesday	08:00 09:30 12:30 19:00 20:00	Breakfast Workshop day 3 (people stay in same group like day before), 9:30 – 17:30 Lunch with local entrepreneur Aperitif and review of the day Dinner & good night drink
Day 6 31.03.16 Thursday	08:00 09:30 12:30 16:00 16:30 20:00	Breakfast Free morning, preparing for open space Lunch with people of the region Kick off talk of the mayor of the region World café and open space with aperitifs and snacks: Ideas & innovations for the sustainable development of the region Dinner & good night drink
Day 7 01.04.16 Friday	08:00 09:30 12:30 15:00 20:00	Breakfast Open Space meeting part 2 together with representatives from different organisations and companies of the region Lunch with people of the region Open Space Farewell dinner and celebration
Day 8 02.04.16 Saturday	08:00 09:30	Breakfast and debriefing review Departure, Transfer to Lisbon airport or Lisbon by bus – 3 h, 260 km

Reservation

- Reservation is done through sending an email to info@thinkcamp.eu
- You receive your confirmation after making a 25% down payment, the remaining balance is due 1 months before the start of the program.

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Payment

- Please make the payment to the ThinkCamp gem. eG account
- IBAN DE32 4306 0967 8205 0764 00
- BIC Genodem1GLS
- Bank expenses are clients responsibility

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Cancellation

- No cancellation fee for arrival before 90 days of program start
- Cancellation fee from 90 – 30 days before program start 50%
- Cancellation fee for less than 30 days before program start or no show 100%
- Replacement of participating person is possible anytime
- For further information please contact info@thinkcamp.eu

Package services included

- 7 nights in simple double rooms, bed and breakfast
- Transfer from the Lisbon airport to the learning journey locations
- Documentation of journey
- All lectures workshops, visits, tastings, meals incl. ¼ l wine and ½ l water
- All transfers according to the programme
- Guide during the whole trip
- Travel and accident insurance
- All taxes in Portugal

Not included

- Bus or Air transport to and from Lisbon/Portugal
- Nights in case you arrive before the program or stay longer

Transparent calculation open for program team and participants

Cost factors 16 people for 8 days and 7 nights all including VAT

	What	Total / person
1	Accommodation with breakfast for 7 nights (simple double or twin rooms)	140 €
2	Food (Lunch, Dinner, snacks/fruits, coffees) for 8 days simple restaurants or families 20,00 Euro per day	160 €
3	Transport 2 x transport from and to airport 250 €/day 500 € Local transport for 5 days each 200 € = 1.000 € Total 1.500 € by 15 people	100 €
4	Transport international to destination (flight, bus, train)	0 €
5	Program Organisation and administration - Contribution for local program organisers team and guides in region 10% - contribution for global program team 10%	100 €
6	Activities – cost for workshops, events, experts, - 3 days Workshops in Naturtejo - 2 days Open Space Naturtejo	100 €
7	Insurances, Risk	20 €
8	Marketing, Commission	70 €
9	Solidarity for people with lower income, supporting another participant	100 €
	Total	790 €